The 13th Annual Milton Island Love INC 5K Run/Walk

Saturday, August 16, 2025
Proceeds Support Golden Rule Love INC Ministry

Pre-registration $20 for students 18 and under, $25 individual, $40 family

Must be received by Friday, August 1, 2025

Race day registration $25 for students 18 and under, $30 individual, $45 family

Random drawings for prizes after the awards ceremony

TIMING PROVIDED BY Falcon Race Timing

Questions? email: juliet.loveinc@gmail.com or call 570-742-3561

Registration: Please complete one form per participant. If registering as a family, please mail all forms together. Please print.

Shirts are not guaranteed when registering on race day

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love in the name of Christ | Golden Rule

Course Description:
The entire race is held at Milton Island State Park Island (between Milton and West Milton). The course is a cross-country-style course and not paved. Address: 205 PA-642, Milton, PA 17847

Schedule of Events:
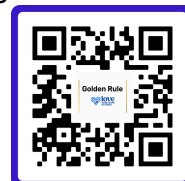7:30 AM Registration begins
8:45 AM Registration ends
9 AM Race Begins

SCAN ME

Registration:
By mail: GRLI,
    102 Lower Market St.
    Milton, PA 17847
or online at:
www.goldenruleloveinc.wixsite.com/website

Awards:
1st place overall male & female
1st, 2nd, & 3rd by age group

Age Groups:

14 and under	15-19
20-29	30-39
40-49	50-59
60-69	70-79
80+	

Name: _____

Address: _____

City: _____ State: ___ Zip: _____

Phone: _____ Age on race day: _____

Email: _____

Male   or   Female   (circle one)

Please circle desired shirt size and type of registration:

Small   Medium   Large   XLarge

Student   Individual   Family

Send form with check payable to :
Golden Rule Love INC
102 Lower Market St
Milton, PA 17847

Waiver and Release of Liability:
I know that participating in a 5K Run/Walk is a potentially hazardous activity. I know that I should not enter unless I am medically capable and properly trained. I relinquish all claims against Golden Rule Love INC and its volunteers, Milton State Park, DCNR, and its employees. I permit race organizers to use photos and or video of my likeness captured at the Love INC 5K to be used for advertising purposes.

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Signature of Participant (if under 18 y/o, parent or guardian)